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| Subject - animals including humans | | | | |
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
| WALT: Know the parts of the human circulatory system | WALT: Know how the parts of the human circulatory system work in different circumstances  *Completed across two lessons* | | WALT: Understand the importance of lifestyle choices and their impact on health | WALT: Know how water and nutrients are transported around the body |
| Key Vocabulary | | | | |
| **Key Word Definition**  blood vessels The tubes through which blood flows around the body.  circulatory system The system which circulates blood through the body.  oxygenated When blood is enriched with oxygen from the lungs.  capillary A very thin tube which carries blood around the body.  heart rate The speed at which the heart beats or the number of times it beats in a particular period.  addiction An inability to stop consuming a substance.  nutrients Something from food that helps living organisms to live and grow.  balanced diet A healthy way of eating which ensures that the body has all the essential nutrients needed. | | | | |
| Milestone Indicator | | | | |
| • Describe the changes as humans develop to old age.  • Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood.  • Recognise the importance of diet, exercise, drugs and lifestyle on the way the human body functions.  • Describe the ways in which nutrients and water are transported within animals, including humans. | | | | |