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| Animals including Humans |
| Week 1  | Week 2 | Week 3 | Week 4 | Week 5 | Week 6  | Week 7 |
| WALT: give reasons why humans need to exercise. | WALT: describe how and why we should keep ourselves clean. | Experiment/Assessment |  |  |  |  |
| Key Vocabulary |
| 1. Exercise, physical activity, heart, muscles, calories.2. Clean, brush, wash, hygiene, germs. |
| Milestone Indicator |
| Animals and humans* Describe the importance for humans of exercise, eating the right amounts of different types of food and hygiene. (Wk1, Wk2)
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