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| Animals including Humans | | | | | |
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 |
| WALT: describe how animals change as they grow. | WALT: describe how humans change as they grow. | WALT: describe the basic needs of animals and humans. | WALT: identify healthy and unhealthy food. | WALT: give reasons why humans need to exercise. | WALT: describe how and why we should keep ourselves clean. |
| Key Vocabulary | | | | | |
| 1. Mammals, birds, reptiles, amphibians, womb, egg, spawn, pregnancy, chick, hatchling, tadpole, adult.  2. Baby, toddler, child, teenager, adult, elderly.  3. Basic needs, survive, water, food, air, lungs, gills, shelter.  4. Healthy/unhealthy, balanced diet, vegetables, carbohydrates, proteins, fats, calories, nutrients, portion.  5. Exercise, physical activity, heart, muscles, calories.  6. Clean, brush, wash, hygiene, germs. | | | | | |
| Milestone Indicator | | | | | |
| Animals and humans   * Notice that animals, including humans, have offspring, which grow into adults. (Wk1, Wk2) * Investigate and describe the basic needs of animals, including humans, for survival (water, food and air). (Wk 3) * Describe the importance for humans of exercise, eating the right amounts of different types of food and hygiene. (Wk4, Wk5. Wk6) | | | | | |