

Rhythm In The Way We Walk/The Banana Rap by Joanna Mangona and Jane Sebba

Action Songs

Please use the accompanying **Activity Manual** for in-depth guidance, knowledge and understanding.

Unit Overview

This is a six-week Unit of Work. All the learning in this unit is focused around two songs: Rhythm In The Way We Walk (Reggae style) and The Banana Rap (Hip Hop style). for

If you are using this Unit of Work as part of the **Scheme**, it has been placed in **KS1, Year 1/Ages 5-6** and is supported by Listen & Appraise documentation, One-page step-by-step / weekly Lesson Plans, and an Assessment Framework. To deliver your music lesson musically, it is very important that you follow the step-by-step planning that accompanies the on-screen resources. This Unit of Work has been placed in Autumn 2 and is purposefully 'lighter' in content giving you opportunity to fulfill any other Christmas commitments.

If you are using this Unit of Work flexibly, you will have chosen it from the **Freestyle** options. You decide which age group it will best suit. The Freestyle approach is also supported by Full Lesson Plans, Flexible One-page step-by-step / weekly Lesson Plans, a Flexible Planning Grid and an Assessment Framework.

The Strands of Musical Learning in this Unit of Work relate to and progress towards the 'End of Key Stage Expectations (Musical Learning for the end of KS1, Year 2/Ages 6-7)' document (see supporting Assessment documentation). Your step-by-step learning focus will be the new musical activity or the strand of musical learning that needs particular attention from the previous step (see 'Introduction to Assessment'). The remainder of the activities within the lesson are ongoing skills.

Accompanying both approaches is the **Activity Manual**. This manual is a detailed teacher guide for all activities and will provide comprehensive support for all teachers.

How this Unit is Organised

Steps 1 - 3

Learn the song Rhythm In The Way We Walk, an action song about the interrelated dimensions of music:

1. Listen and Appraise

- Rhythm In The Way We Walk by Joanna Mangona
- The Planets, Mars by Gustav Holst
- Tubular Bells by Mike Oldfield

2. Musical Activities - learn and/or build on your knowledge and understanding about the interrelated dimensions of music through:

- a. Flexible Games (see Activity Manual)
- b. Learn to Sing the Song: Vocal warm-ups and singing

3. Perform the Song - perform and share your learning as you progress through the Unit of Work.

Steps 4 - 6

Learn The Banana Rap, an action song/rap about the dimensions of music but focussing on pitch:

1. Listen and Appraise

- The Banana Rap by Jane Sebba
- Happy by Pharrell Williams
- When I'm 64 by The Beatles

2. Musical Activities - learn and/or build on your knowledge and understanding about the interrelated dimensions of music through:

- a. Flexible Games (see Activity Manual)
- b. Learn to Sing the Song: Vocal warm-ups and singing

3. Perform the Song - perform and share your learning as you progress through the Unit of Work.

Teaching and Learning Support for this unit:

Please use the accompanying **Activity Manual** for in-depth guidance, knowledge and understanding. There are detailed descriptions and support for each activity within each Unit of Work.

Listen and Appraise

Each step has a Listen and Appraise document for your use with all the research and information that is needed to complete the tasks and activities you see on-screen.

The main unit songs are Rhythm In The Way We Walk and The Banana Rap. All musical learning will happen around these songs and you will have the option to Listen and Appraise other songs in steps 2,3,5 & 6.

See the individual Listen and Appraise step-by-step supporting documents for complete information.

Musical Activities

A. Flexible Games

These games are flexible activities with Bronze, Silver and Gold Challenges.

These differentiated challenges are NOT a measure of attainment but about building musical skills in a fun and challenging way. All three games tracks are available here to be progressed through over the 6-step learning episode. You may want to revisit, for example, the Bronze Challenge to embed skills even if you have completed it and moved to Silver. The progression is in-built.

B. Learn to Sing the Song: Vocal Warm-ups and Singing

Warm up your voices using the vocal warm-up activities. There are more vocal warm-ups, should you wish to use them, in the Song Centre.

On the screen you will have the option to break the song down into manageable learning sections. There is also a tempo controller that will slow the song down to aid learning.

Add movement to the song and have fun. Let the children use their imaginations to choreograph movement to the rap/song.

Perform and Share

Remember to add some movement, have fun!

The structure of Rhythm In The Way We Walk:

- Introduction
- Verse 1
- Verse 2
- Verse 3
- Tag ending

The structure of The Banana Rap:

- Introduction
- Rap
- Outro

These are the options on the screen:

- Perform the whole song
- Perform the whole song with your activities of choice