Newsletter

Friday 13th December 2024

Dear Families,

Christmas events have continued this week with carols at Mylor Café, 'Elfridges and the postponed Christmas Fayre.

As we head into the final week week of term, could I make a plea on behalf of the kitchen that you check you have booked your child on for school dinners? We are still finding there are children who are expecting a school dinner who are not booked on.

RIDGE C.A

Have a wonderful weekend! Mrs Pallôt

Carols at the Café

Diners at Café Mylor were treated to carols and Christmas readings from Year 3 and 4 whilst they enjoyed their breakfast on Monday. The café were also generous enough to give the children a delicious cup of hot chocolate. Thank you to the café for hosting this festive event.

'Elfridges and the Fayre

On Thursday, class 6 was transformed into an present-wrapping workshop! + Children came and selected a gift for someone and then 'the elves' set to work⁺ wrapping it. The children loved selecting just the right gift for their chosen-person. Thank you for all the donations of gifts and wrapping paper.⁺ + Following this, the postponed Christmas Fayre took place. Thank you all for

supporting these PTA events and a huge thank you to our PTA elves who organised everything so brilliantly!



Monday 16th - Christmas Jumper Day and Christmas Dinner

Tuesday 17th - KS1 Play Matinée & Y5/6 Play Evening

Wednesday 18th - Y5/6 Play Matinée & KS1 Play Evening

Thursday 19th - HfC Peter Pan Panto - KS2

Friday 20th - Last day of term for all pupils

Monday 6th January - First day of term for all pupils

Please ensure you have booked your child on if you would like them to have a Christmas dinner! Do you have a child who will be starting school in September 2025? If so, please apply via Cornwall Council <u>through this link</u> The closing date for applications is 15th January 2025. If you, or someone you know, needs support with the application process, please call the office and we will gladly assist with this.

If you would like to book a tour of the school, please contact us and we will organise an appointment.



Attendance

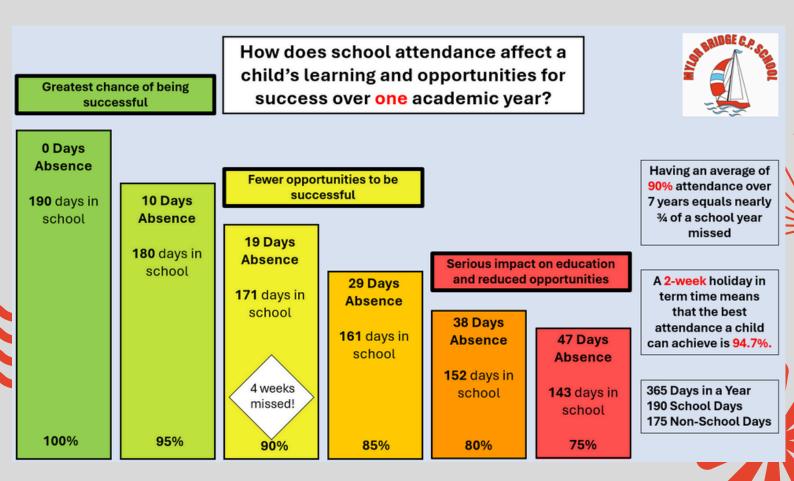
Regular school attendance is so very important for our children. Not only do days missed mean they miss out on learning but also on that crucial time socialising with their friends. We recognise that there are times when a child is too ill to attend school and when this is the case, please phone the school office before 8:45 to let us know.

Children are expected to be in school at 8:45 each day. Registers are taken at 8:50 and children arriving between 8:50 and 9 are marked at late. Children arriving after this time will be recorded as an unauthorised absence.

Here at Mylor Bridge CP School, we recognise that there are occasions when it is appropriate to authorise an absence, such as when a pupil is genuinely too ill to attend school.

However, the Government does not support parents taking children out of school unless the school agrees this is appropriate under 'exceptional circumstances'. Any request for leave should be made in writing to the Headteacher using the school's 'Leave of Absence Exceptional Circumstances' request form (found in reception) Holidays during term time are not deemed an 'exceptional circumstance'

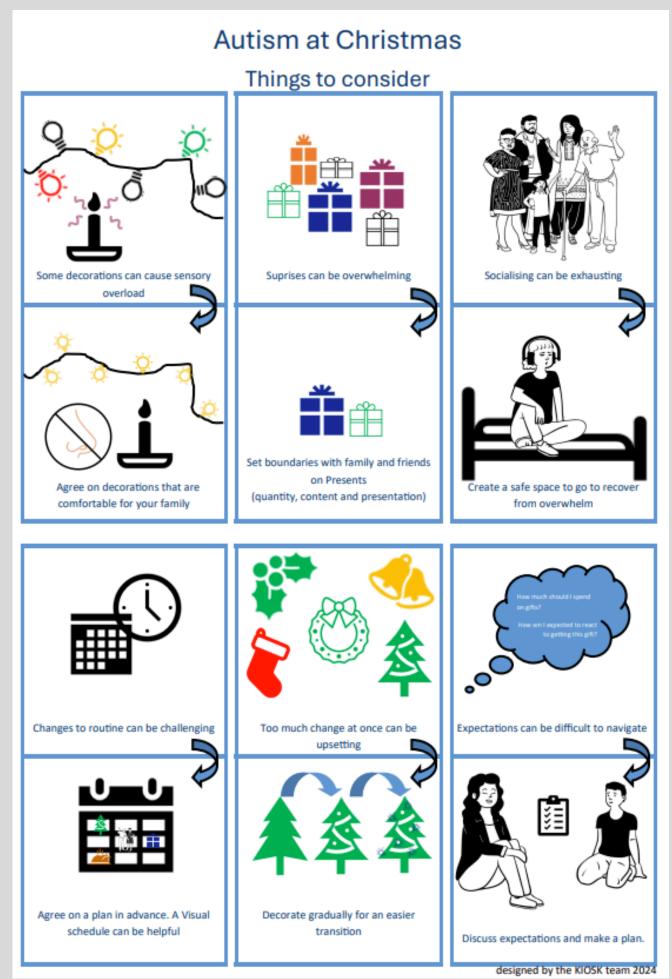
If you are finding attendance a challenging issue for your child, please get in contact with us.



From Emma Counsell, our Education Mental Health Practitioner



More info about how Emma will be supporting our children to follow in the new year!



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SAFETY OVER THE FESTIVE SEASON

The holiday season, marked by Christmas and New Year, brings joy and togetherness but also presents unique safety challenges for children, families and educators. From busy holiday shopping, traveling and family gatherings to managing digital activity during school breaks, staying safe during this period requires heightened awareness. This guide offers practical tips to help families and educators maintain a more secure and fulfilling festive period.

1 MONITOR DIGITAL ACTIVITY

Children spend more time online during school holidays, increasing exposure to potential dangers such as cyberbullying, inappropriate content and online predators. Balancing screen time, avoiding harmful websites and ensuring children engage positively online can be difficult without proper monitoring tools. Set clear boundaries, encourage open discussions about online safety and use parental controls to manage content exposure and screen time effectively. Regular check-ins and positive reinforcement around digital habits encourage safe online behaviour.

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2 PRACTICE FIRE SAFETY PROTOCOLS

The incidence of house fires increases during Christmas due to greater use of candles, cookers and electrical decorations. Open flames, electrical overloads and the need for quick response plans can make fire safety challenging. Ensure smoke detectors are operational, keep fire extinguishers on hand and teach children how to respond in case of a fire emergency. Avoid leaving cooking unattended and use fire-safe candles to prevent mishaps.

3 CREATE TRAVEL SAFETY PLANS

More families tend to travel during the holidays, resulting in busier roads, increased traffic accidents and weather-related hazards. Weather conditions, road rage, fatigue and busy airports can all compromise travel safety. Pack emergency kits and adhere to seatbelt laws. Plan routes in advance and allow extra travel time to avoid rushing and mitigate risks on busy roads.

4 BEWARE OF ALLERGIES

Holiday meals often involve many foods that may contain allergens. Cross contamination, unclear labelling and lack of allergy-friendly options can lead to severe reactions. Communicate any allergy needs to hosts, provide safe food alternatives and carry necessary medications like antihistamines or EpiPens. Teaching children how to advocate for themselves and recognise dangerous foods also contributes to safer celebrations.

5 PREVENT THE SPREAD OF ILLNESS

Meet Our Expert

Cold weather and seasonal socialising can increase the spread of viruses like flu and COVID-19. Crowded gatherings, schools out of session and frequent travel can lead to higher infection risks. Emphasise hygiene, encourage vaccination, disinfect surfaces and isolate symptomatic individuals. Communication with children about proper hygiene practices is essential to reduce the spread of illness.

James Whelan is a chartered health and safety consultant with 10 years

of experience in promoting family and community safety. Specialising in risk assessment and preventative strategies, he has worked with

educational institutions, public health agencies and community groups to deliver safety education and training.

6 STAY VIGILANT ON THE ROAD

Increased holiday traffic heightens the risk of accidents for both drivers and pedestrians. Distracted driving, pedestrian safety and inclement weather can complicate road safety. Encourage pedestrian safety practices, avoid distracted driving and never drive under the influence.

7 MAINTAIN SAFE DECORATIONS



Festive decorations such as Christmas lights and candles can pose electrical, fire and choking hazards if mishandled. Frayed wires, toppling Christmas trees, small ornaments and open flames can be difficult to control, especially in busy households with children. Inspect and maintain decorations, secure Christmas trees, place fragile or small items out of reach and ensure candles are never left unattended. Testing smoke alarms and using flame-retardant decorations can significantly reduce risks.

8 SET BOUNDARIES FOR GIFTS

Some toys and gadgets can present choking, sharp-edge or safety risks, particularly for young children. Ensuring that gifts meet safety standards and are age appropriate can be complex with so many options available. Inspect all toys carefully and ensure any tech devices have parental controls. Setting expectations around safe gift use and discarding packaging that poses a risk also helps to prevent accidents.

9 ADDRESS STRESS

Holiday pressures can lead to burnout, which affects both physical and mental health. Overpacked schedules and a lack of downtime can cause stress and fatigue, leading to accidents or poor decision making. Incorporate rest, maintain regular routines and seek support to reduce stress. Encourage activities that promote relaxation to create a healthier, happier holiday experience for everyone.

10 DRINK RESPONSIBLY

Alcohol is commonly present at holiday events, raising concerns about safety and supervision. Excessive alcohol consumption can lead to accidents, impaired judgment and lack of supervision for children. Designate responsible adults, limit consumption and provide transportation alternatives for guests. Teaching moderation and modelling responsible behaviour in front of children ensures that celebrations remain positive and



The National College

Source: See full reference list on guide page at: https://nationalcollege.com/guides/safety-over-the-festive-season

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MYLOR PRE-SCHOOL

ONLINE AUCTION

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AUCTION FEATURES 3 NIGHT STAY AT PORTHLEVEN ART BY JAMIE MEDLIN, JOHN DYER, SOPHIE BAGNALL ST MICHAELS HYDROTHERMAL EXPERIENCE MIRRI DAMER JEWELLERY MASSAGES, OSTEOPATHY AND MUCH MORE! BID BY 20TH DECEMBER 2.30PM